



# Shinshintoitsu Aikido Summer Camp 2021 – Week 1

## Toby Voogels Sensei

Chief Instructor der Europe Ki Federation

31. Juli – 7. August 2021 Wachtküppel/Rhön (Germany)

### Training

Sat. 31.7. 17:00-19:00 Opening Class (Dojo)

Sun. 1.8. – Fri. 6.8. each:

7:00-7:50 Ki-Breathing & Meditation (if possible)

9:00-12:00 Ki & Aikido (Dojo)

17:00-19:00 Jo & Bokken (Outdoors)

Sat. 7.8. 9:00-11:00 Ki & Aikido (Dojo)

### Seminar Fee

220€

Maximum number of participants: 16

### Information & Registration

Email: [info@ki-aikido-rodgau.de](mailto:info@ki-aikido-rodgau.de)

Phone: +49 176 307 306 07

With our registration confirmation Email we will send you the bank account information for wiring the fee. No refunds after 31. May 2021.

### Accommodation

At "Waldgasthof Wachtküppel" hotel a total of 18 beds is available in 8 double and 2 single rooms. When all rooms are booked, or if money is tight, tent camping is possible behind the hotel (10 € p.n.). Alternatively, there are other hotels not far away, or you can park your camper-van nearby. The regular price for a hotel bed including rich breakfast and a 3-course vegetarian dinner is 41 € p.n.. If you sleep in a tent or another hotel, you can still eat with the group for 6 € per breakfast and 10 € per dinner. The reservation of your accommodation at the seminar hotel will be handled by Ki Aikido Dojo Rodgau (see above) - but payment for hotel and meals is at the hotel in cash.

### Address

Address for your Navi: Steinbruch 1, 36129 Gersfeld (Rhön), Germany, Phone: +49 – (0)6654 – 323.

The Camp will again take place at the seminar hotel "Waldgasthof Wachtküppel" in the beautiful "Rhön" mountains near Fulda/Germany. Based on our experiences over the last years, and assuming we will still be under some Corona-restrictions, we will try something new in 2021... So that we can all train together in the dojo, eat in one group, and assuming single occupancy per hotel room only, the Camp will be limited to 16 participants (like in 2020). Since we know this will not be sufficient, we will follow up this first week with Toby Voogels Sensei teaching, immediately after this, with a second week with Olaf Schubert Sensei teaching. The participants of the 2020 Summercamp showed big support for this idea, some indicated already that they would take part in both camps. We advise you to register as early as possible to secure your place, even 2 x 16 places will fill up really quickly.

Please bring your meditation bench/cushion, Jo, Bokken, Tanto, and two sets of extra training wear for the weapons training on the meadow and for the early morning Ki training.

### Meals

Breakfast 8:00-8:30, dinner 19:30, vegetarian half-board, table service by our group.

Please tell us your meal option when you register, including food allergies or intolerances that have to be considered.

### Photo / Video

At the seminar we will take photos and film video for promotional purposes. With your registration you agree that we can use your image and video on websites, social media, and video platforms like Youtube.

Have a safe trip, and a great time at the Camp!